**Tactic: Start of Day Round**

*Create space for every voice by inviting individual reflections, setting the tone for focused, inclusive engagement.*

**When to Use It:**

Use at the beginning of each day in a multi-day convening or as a grounding moment before a significant session.

**How it Works:**

**Step 1 (5 minutes) | Set the space and preview the purpose**Seat participants in a circle or U-shape so everyone can see one another. Welcome the group and briefly review the goals for the day to orient everyone toward shared purpose.

**Step 2 (5 minutes) | Explain the round and introduce the prompt**Let participants know you’ll begin with a short round of reflections—no cross-talk, just one voice at a time. Use language like: *“We’ll go around and hear from each of you—just one at a time, no responses. This is a chance to bring your voice into the space as we begin.”*

Choose one of the following simple, grounding prompts such as:

1. **What do you hope we’ll accomplish together today?** *Clarifies purpose and intention.*
2. **What’s one question or curiosity you’re bringing into the room?**  *Surfaces shared inquiry and encourages openness.*
3. **What’s one word that describes how you’re arriving today?**  *Quick emotional check-in that centers presence.*
4. **What strength or perspective are you bringing into this space?**  *Affirms personal value and diversity of thought.*
5. **What would make today feel meaningful or energizing for you?**  *Connects individual motivation to group experience.*

**Step 3 (10–20 minutes) | Invite the round and begin sharing**Open the circle in either direction and invite each participant to respond. Remind them to listen deeply, without commentary or interruption.

### **Helpful Tips:**

* **Track the time together.** Use a visible timer or a talking piece if helpful.
* **Redirect if needed.** If someone goes long, say gently: “Thank you—let’s hold the rest for later so we can hear from everyone.”
* **Lead by example.** Model your own response to set the tone and keep it brief (around one minute).